

1 2 3 4

Parents!

Please join us for:

Positive Discipline for Parents/Caregivers

Parenting Classes

Learn About:

Getting Acquainted

Parenting: A special job

The ages and stages of development

How will you parent?

Building the bond between your child and you

Activities to try at home

These four weekly classes are designed for parents/caregivers of children ages 1-4 using the principles of the book *Today Active Parents*, by Michael H. Popkin, Ph.D.

Facilitated by: Maria Mendoza & Shelley Triggs

Leffingwell high School
2820 Santa Rosa Creek Road
Cambria

4 consecutive Thursday evenings in April-May 2010

April 15, 22, 29 & May 6, 2010
from 6-8:30 pm.

Childcare will be provided.

For more information contact Maria Teresa Mendoza @ 927-5043.

Sponsored by Coast Unified School District