

**Wellness Policy Enhancements  
April 2011**

The nutrition program for the district has incorporated the following standards:

- ✓ The school district food service department sets guidelines for food sold in a la carte sales in the food service program for all campuses.
- ✓ The school district food service department sets guidelines for all food sold in snack bars, vending machines and concession stands during school hours
- ✓ The school district food service department sets guidelines for refreshments at parties, fundraisers and meetings during the school day.
- ✓ The school district food service department makes decisions based on nutrition goals not on profit making. For example: On Free Fruit Fridays fresh fruit is available to students at no charge.
- ✓ We offer sensible portion packs of USDA trail mix at no charge for an alternative to other less healthy snacks.
- ✓ We make bottled water available at cost to students all day in the high school cafeteria.
- ✓ We have now gone to using reusable trays in all schools reducing our carbon footprint by not using styrofoam trays.
- ✓ We offer for no charge to students 3oz. bags of granola freshly made in the cafeteria at the high school as a healthy alternate snack item to the other snack items we sell.
- ✓ We have a new newsletter posted on the website every month with a different topic on nutrition. The March topic highlighted 20 easy and delicious 100-calorie snacks you can have ready when your child comes home from school.
- ✓ A simple healthy recipe that parents can make for their children will be posted on the website every month.
- ✓ The FSA will be applying for a grant that will allow us to provide at no charge to all grammar school students fresh fruit and vegetable snacks throughout the day.